



RENO – NEVADA December 2018 ITINERARY

THURSDAY, DECEMBER 20th

- 5:00 am - Arrive to Columbia High School
- 5:30 am - Depart Columbia High School w/ Columbia and Centennial
- 12:00 pm - Arrive in Reno – check into El Dorado Casino
- 1:00 pm - To arena for full scale workout
- 3:00 pm - Back to hotel
- 4:45pm - Back to arena to watch college finals
- 10:00 pm - Lights out

FRIDAY, DECEMBER 21st

- 5:00 am - Wake-up
- 6:30 am - Grooming Check
- 7:00 am - Weigh-in (scratch +1)
- 7:30 am - Breakfast at arena
- 8:15 am - Warm up
- 8:30 am - Coaches Meeting
- 8:45 am - National Anthem
- 9:00 am - Wrestling – PIG TAIL ROUND
- 10:00 am - CHAMPIONSHIP ROUND
- 1:00 pm - CONSOLATION PIG TAIL ROUND
- 1:15 pm - CHAMPIONSHIP RD II
- CONSOLATION RD I
- 4:15 pm - CONSOLATION RD II

Checklist of What to Bring:

- Spirit Pack Singlet; gold singlet from last year or 2 piece
- Columbia Spirit Pack Gear (you are expected to warmup in our gear)
- Headgear
- Wrestling Shoes
- Walk around street clothes for free time
- Toiletries (bathroom stuff)
- Workout gear for Thursday night AND Saturday morning for all those eliminated from the tournament
- Extra food \$, the team will provide all meals Thursday night, Friday, Saturday (including an Awful Awful Burger!!!!)

RENO TOURNAMENT OF CHAMPIONS ITINERARY

RENO – NEVADA

6:15 pm - CHAMPIONSHIP RD III

7:15 pm - CONSOLATION RD III

8:15 pm - CONSOLATION RD IV

10:00 pm - Bed Check

10:30 pm - Lights out

SATURDAY, DECEMBER 22nd

6:00 am - Wake-up (all)

6:40 am - To arena with bags

7:00 am - Weigh-ins (Scratch +2)

If out of tournament....you will go through a 1 hour workout

8:45 am - National Anthem

9:00 am - CHAMPIONSHIP RD IV

CONSOLATION RD V

10:15 am - CONSOLATION RD IV

11:00 am - CHAMPIONSHIP SEMI-FINALS

CONSOLATION RD VII

11:45 am - CONSOLATION SEMI-FINALS

1:00 pm - PLACING RDS 3rd, 5th, 7th

4:15 pm - Opening Ceremony – National Anthem

5:00 pm - CHAMPIONSHIPS

7:30 pm - Load bus for home – Checkouts *after* medal rounds