

TIGER/GRIZZ

BOYS VARSITY/GIRLS VARSITY/JV

Itinerary for Columbia HS

**all times approximate*

FRIDAY, JANUARY 15th

- 6:00 am - Arrive at Columbia HS
- 6:15 am - Depart to Idaho Falls
- 10:45 am - Arrive to Idaho Falls
Check into Hotel
- 12:00 pm - Coaches Meeting at Skyline HS
- 1:00 pm - Weighins: All wrestlers will receive Scratch + 4 for both weighins on FRIDAY
Skyline HS - Boys Varsity and Girls Division (Cady, Mestro, Henebry, Dickinson, Q)
Idaho Falls HS - JV 138 - 285 (Beck and Hernandez)
Eagle Rock MS - JV 98-132 (Cady, Mestro, Henebry)
- 2:00 pm - Team Warm up (at your venue)
- 3:01 pm - Wrestling Begins
Championship Rd 1
- 5:00 pm - Consolation Rd 1
Championship Rd 2
- 6:30 pm - Consolation Rd 2
- 7:30 pm - Consolation Rd 3
Championship Quarterfinals
- 8:30 pm - Consolation Rd 4
- 8:45 pm - 2nd Weighin will begin after the last match wrestled in your weight class (8:30 pm round), athletes will have up to 1 hour after the last match to make weigh (COLUMBIA athletes make sure you are on weight when it is time)
- 9:30 pm - Olive Garden Dinner served at hotel
- 10:30 pm - Lights Out

Saturday, January 16th

- 6:00 am - Wake-up
- 6:30 am - Breakfast available from coaches rooms (TBD)
- 7:30 am - Depart Hotel (drop order Skyline, Eagle Rock, Idaho Falls, Taylor View)
All Varsity and Girls at Skyline, JV 98-132 @ Eagle Rock MS, JV 138-285 @ Idaho Falls High School
- 8:00 am - Team Warmup
- 9:00 am - Championship Semi-Finals
Consolation Quarter-Finals
- 10:30 am - Consolation Semi-Finals
- 12:30 pm - 3rd and 5th Matches
- 2:00 pm - Championship Matches
- 5:00 pm - Depart to Nampa HS
- 5:45 pm - Stop in Pocatello @ Walmart parking lot for dinner, dinner on own!
- 9:30 pm - Arrive at Columbia HS (communicate with your rides when we hit Boise so that they are there and waiting by the time we get to the school)

Particulars:

Hotel: Hilton Garden Inn– Lindsey Blvd. Idaho Falls, ID	Food: Team purchases food for after weighins on Friday, Dinner on Friday, Breakfast on Saturday, Food throughout day on Saturday	Lodging/Travelling: Team members will sit with workout partner from the week. Hotel room assignments will be based on workout cohorts
What to Bring: -Singlet -Wrestling Shoes -Headgear -Spirit Pack Gear -Warm clothes for travelling -Toiletries (toothpaste, deodorant, etc.) -Travel comfort items (blanket, pillow, sweats, etc.)	Optional Extras: -Money for extra food -Money for souvenir gear (tournament gear) -School work	